



909 S Kansas Ave  
 Topeka, KS 66612  
**785-290-4733**  
 Mon-Fri 10a-3p  
 Salad bar 10a-2p

## Lunch Menu

### Sandwiches

*Includes: Potato chips, lettuce, onion, pickle spear. Tomato on request.*

**\$5.99** **BLT** - Bacon, lettuce, tomato  
**Ham & Swiss**  
**Turkey** - Fresh sliced turkey, provolone cheese  
**Vegetarian** - Lettuce, tomato, sprouts, cucumber, fat free raspberry vinaigrette dressing

#### Bread

Croissant	Wheat
Kaiser Bun	Pretzel Roll

**\$6.29** **Chicken Salad** - Mom's famous (and secret) recipe  
**Tuna Salad** with provolone cheese  
**Chicken Caesar** - Grilled chicken caesar salad on a lettuce leaf  
**California Club** - Turkey, swiss, bacon, sprouts, ranch dressing  
**Roast Beef** - Freshly sliced with provolone cheese

#### Add a side

Pasta Salad	
Potato Salad	Cup of Soup
Cottage Cheese	Premium pasta salad
<b>\$1.25</b>	<b>\$1.99</b>

**\$6.75** **French Dip** - Sliced roast beef, cheddar cheese; oven baked and served with au jus  
**THB Combo** - Turkey, ham, roast beef, provolone cheese  
**BBQ Pulled Pork** - Piping hot pork with BBQ sauce

**Double meat for \$1.50**

### Quesadillas

*Includes: Sour cream, salsa, tortilla chips*

**\$5.99** **Standard** - Cheddar and monterey jack cheese between two tortillas, topped with more cheese and scallions  
**\$6.59** **Chicken** - Standard plus chicken  
**\$6.99** **Club** - Standard plus chicken and bacon; includes large ranch dressing and salsa

### Hot stuff

*Self-contained meals*

**Soup** - Two choices, made fresh daily! **\$2.89 cup, \$4.09 bowl**  
**Chili** - made when it's not Daylight Savings Time. **\$3.09 cup**  
**Baked Potatoes** - Made fresh daily! Load up with any salad bar item, soup, or even chili. The possibilities are endless!

### Beverages

*Something to wash it down*

**Fountain** - Coke, Diet Coke, Caffeine Free Diet Coke, Sprite, Pibb Xtra, Lemonade  
**Brewed Tea** - Unsweetened, Green, Raspberry, Crystal Light Strawberry  
**Bottles** - Coke, Diet Coke, Dr Pepper, Diet Dr Pepper, Aquafina  
**Jet Tea Smoothies** - Non-dairy; flavors include mango, strawberry, banana, peach, blueberry, and wild berry

### Desserts

*You deserve a treat after that salad*

**\$0.75** - **Cookie** - Our famous no bakes, chocolate chip, almond, sugar, and oatmeal raisin  
**\$1.74** - **Brownie** - Frosted or powdered  
**\$0.89** - **Candy Bar** - Assorted